

# BERKNER RAM JUNIOR HIGH FOOTBALL CAMP



FOR THOSE *ENTERING* GRADES 7-9

**DATE:** August 3 - 6, 2009 (Monday- Thursday)  
**LOCATION:** Berkner Ram Field house (dropoff and pickup in East parking lot)  
**TIME:** 8:00 - 11:00 A.M.  
**FEE:** \$35.00 \*\*\*\$40.00 FEE IF PAID AFTER July 31, 2009

The camp will be very beneficial for a young person interested in football. The Ram Football camp will be conducted by the Berkner High School football coaching staff. The coaches will provide each athlete with individual attention on basic skills as well as providing opportunities for athletes to participate in non-contact team activities. The camp will be conducted in a safe manner, with all activities closely supervised.

All camp participants will receive a “**Berkner Ram Football Camp**” t-shirt.

## INSTRUCTION OBJECTIVES:

<b>QUARTERBACKS:</b>	stance, center exchange, ball handling, faking, footwork, passing release, play execution, and reads
<b>RUNNING BACKS:</b>	stance, ball handling, faking, handoff exchange, running, blocking, and pass receiving
<b>OFFENSIVE LINE:</b>	stance, starts, blocking techniques, and pass protection
<b>RECEIVERS:</b>	stance, receiving drills, blocking, pass routes, and play calling
<b>DEFENSIVE LINE:</b>	stance, pursuit, blow delivery, alignment, reading offensive keys, pass rush, and gap responsibility
<b>LINEBACKERS:</b>	stance, pursuit, alignment, run techniques, and pass responsibilities
<b>SECONDARY:</b>	stance, alignment, pass coverage, interception drills, reads, and footwork
<b>SPECIAL TEAMS:</b>	deep snappers, punting, kickers, kick returners, punt coverage

## WHAT DO I NEED FOR CAMP?

1. TOWEL: You must provide your own towel if you feel you need one.
2. ATTIRE: Shorts, t-shirt, socks.
3. SHOES: Cleated shoes would be best.
4. JEWELRY: Please leave all jewelry at home. We will not be responsible for valuables.
5. **COMPLETED APPLICATION SHEET**



**For more information, contact the Berkner Football Staff :**

ATHLETIC OFFICE (Coach Ledford)  
Asst. Football Coach Scott Sellers

469-593-7050  
469-593-7269

jim.ledford@risd.org  
scott.sellers@risd.org

**RAM JUNIOR HIGH FOOTBALL CAMP APPLICATION**

**MAKE CHECK PAYABLE TO RAM FOOTBALL CAMP**

NAME: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PARENTS OR LEGAL  
GUARDIAN'S NAME: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

SCHOOL ATTENDING IN 2009-2010: \_\_\_\_\_ GRADE FOR 2009-2010: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_ HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

EMERGENCY CONTACT (IN CASE PARENTS CANNOT BE REACHED):

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

**MEDICAL INFORMATION:**

I hereby certify that \_\_\_\_\_ is physically fit to participate in the RAM FOOTBALL  
CAMP. I know of no physical impairments, which would in any manner limit participation in such a program. Is there any pertinent  
information which we might need regarding your son such as diabetes, epilepsy, etc? \_\_\_\_\_

I hereby register my child for the camp described below and authorize the staff to direct him in participation in camp activities. I authorize the  
staff to attend any health problem or injury my child may incur while attending camp. I further acknowledge that the RAM FOOTBALL CAMP,  
the coaches, Richardson I.S.D., and anyone associated with the RAM FOOTBALL CAMP, will not be liable for any damage from injuries or  
illness sustained during the RAM FOOTBALL CAMP.

\_\_\_\_\_  
SIGNATURE OF PARENT OR GUARDIAN

Make checks payable to : **RAM FOOTBALL CAMP**

**PLEASE NOTE:      \$35.00 Fee If Paid Before July 31, 2009. Fee is \$40 AFTER July 31, 2009**

**NO REFUNDS DURING OR AFTER WEEK OF CAMP!**

**Checks may be dropped of at the athletic office or mailed to the following address:**

Ram JUNIOR HIGH Football Camp  
C/O-Jim Ledford  
1600 East Spring Valley Road  
Richardson, Tx. 75081

